Multicultural Conference

Presented by
The Center for Intercultural Relations

The Road to Cultural Competency

Sustaining our Communities

6th Annual Diversity Conference
April 26th, 2014 8am-5pm
Meaning of the Diversity Symbol: Funtunfunefu – Denkyemfunefu

Adinkra symbol from Ghana, West Africa and it is called FUN-TUN-FUNE-FU DENK-YEM-FUNE-FU.

It is a symbol of democracy and unity in a diverse environment. These reptiles share a common belly, yet they fight over food. There is urgency in implementing this ideology: the union of people from different cultural backgrounds must achieve commonly shared objectives despite their divergent views and opinions about the way of life. The symbol stresses the importance of democracy in all aspects of life. It also encourages inclusiveness, and naturally discourages discrimination.

7th Annual Multicultural Conference

The Road to Cultural Competency
Saturday, April 25, 2015
8:00 a.m. - 4:00 p.m.
San Diego State University

Dr. Tanis Starck, Conference Chair
tstarck@mail.sdsu.edu

For more information and to register for the conference go to:
www.sa.sdsu.edu/intercultural/conference
Each year during our Annual Multicultural Diversity Conference, students, educators, administrators, and community members share their experiences with Diversity through workshops during the Saturday day-long conference.

Even though America has grown significantly in its amount of cultural diversity, it has been slow to incorporate the importance of accepting and valuing differences.

As more and more students are given the opportunity to enter college around the country and begin to climb higher on the ladder of higher education and towards corporate America, they are often pressured to give up their cultural uniqueness, which includes their gender, religion, and sexual orientation in order to conform to the American “norm”.

One of the purposes of cultural competency in our educational system is to help all students appreciate and accept cultural differences in their classrooms and on their campuses.

This conference aims to promote the appreciation of cultural diversity and foster cross-cultural understanding by having participants assess what road they are on in their development of cultural competency.

It is my privilege to welcome you to our 6th Annual Conference. This year's theme is “The Road to Cultural Competency: What Road are You On?”. In order to develop tomorrow’s leaders today we must be innovative and creative when it comes to striving for change and promoting environments of inclusion.

Our conference will provide you an opportunity to explore tools and resources necessary to build cultural competency. Our speakers and student panel sessions will offer a unique perspective on a variety of topics such as:

1. Black Men: Naked Truth by Devin T. Robinson X
2. Celebrating the Accomplishments of Diverse Women by Azieb Ermias and Erika Perez
3. Multiracial Students, Minority Status, and Higher Education by Nick Franco

I encourage you to join us and not only actively participate with your peers, but take your newly acquired knowledge back to your organizations and share it in order to promote a diverse and inclusive environment for all.

Sincerely,

Tanis Starck, Ph.D.

Conference Chair

SDSU Multicultural Diversity Conference
# 2014 Conference Schedule at a Glance

## Friday, April 25, 2014

<table>
<thead>
<tr>
<th>Scheduled Time</th>
<th>Event Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m. - 5:00 p.m.</td>
<td>Reproductive and Sexual Justice Healing Circle and Workshop</td>
<td>Park Blvd, Aztec Student Union</td>
</tr>
<tr>
<td>5:00 p.m. - 7:00 p.m.</td>
<td>Film Screening: Bully</td>
<td>Aztec Student Union Theater</td>
</tr>
<tr>
<td>7:00 p.m. - 10:00 p.m.</td>
<td>Cultural Night Co-Hosted by C.U.R.E. Africa</td>
<td>Aztec Student Union Theater</td>
</tr>
</tbody>
</table>

## Saturday, April 26, 2014

<table>
<thead>
<tr>
<th>Scheduled Time</th>
<th>Event Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m. - 3:00 p.m.</td>
<td>Registration</td>
<td>Aztec Student Union Theater</td>
</tr>
<tr>
<td>8:30 a.m. - 9:30 a.m.</td>
<td>Welcome and Opening Session</td>
<td>Aztec Student Union Theater</td>
</tr>
<tr>
<td>9:30 a.m. - 10:30 a.m.</td>
<td>Concurrent Workshop Session I</td>
<td>Aztec Student Union</td>
</tr>
<tr>
<td>10:45 a.m. - 11:45 a.m.</td>
<td>Concurrent Workshop Session II</td>
<td>Aztec Student Union</td>
</tr>
<tr>
<td>11:45 a.m. - 1:15 p.m.</td>
<td>Lunch on Your Own</td>
<td>Aztec Student Union Eateries</td>
</tr>
<tr>
<td>1:30 p.m. - 2:30 p.m.</td>
<td>Concurrent Workshop Session III</td>
<td>Aztec Student Union</td>
</tr>
<tr>
<td>2:45 p.m. - 3:45 p.m.</td>
<td>Concurrent Workshop Session IV</td>
<td>Aztec Student Union</td>
</tr>
<tr>
<td>4:00 p.m. - 4:30 p.m.</td>
<td>Closing Reception</td>
<td>Center for Intercultural Relations</td>
</tr>
</tbody>
</table>
Despite losing his mother at 12, having his father abandon him the same day and being classified as an orphan Egypt may have been knocked down…but he manned up.

Over a span of 9 years Egypt has led a life many consider a fairytale. His work in Black history storytelling, relationship counseling and HIV education/performing has opened doors many seldom see. He's appeared on MTV, BET on 3 occasions, Apollo Theater twice, FOX with Lee Pitts in addition to countless radio, magazine and performance appearances. Egypt has shared stages with A-list celebrities such as John Legend, Alicia Keys and Magic Johnson. Even began friendships with millionaire businessman Arthur Wylie and actor Irone Singleton from the Walking Dead.

He's touched stages in Johannesburg South Africa, Doha Qatar, Amman Jordan, Barbados, Haiti, Trinidad and Tobago. Not to neglect he's gained two degrees while being on the Dean's list, graduating Phi Theta Kappa Honors, winning the 147lbs Florida State Boxing Championship, creating the AIDS Awareness Poets Inc, founding the AIDS Games and writing three top selling relationship books, "How Good Is Sex?", “Change Him… In 100 pages” in addition to "Love Is Not An STD".

He is proof, that no matter how your life starts, you can change the middle and alter the ending. His story has inspired many and continues to be a reason why some believe their yesterday won't dictate their tomorrow because they've made a decision to live right...today. Ladies and gentleman, the incomparable...Devin T. Robinson X "Egypt"
The Future of Reproductive Justice
Thursday, April 24, 2014 at 7:00pm

Dorothy Roberts, an acclaimed scholar of race, gender and the law, joined the University of Pennsylvania as its 14th Penn Integrates Knowledge Professor with a joint appointment in the Department of Sociology and the Law School where she also holds the inaugural Raymond Pace and Sadie Tanner Mosell Alexander chair.

Reproductive & Sexual Justice
Healing Circle and Workshop
Friday, April 25, 2014 at 9:00am-5:00pm

Drawing from theories and practices developed by women of color, this special one-day event explores Reproductive and Sexual Justice. We will address issues such as contraception, abortion, parenthood, HIV/STDs, and access to health care through this framework that works to understand the intersections with economic justice, immigrant justice, LGBTQ justice, and other social movements. We will use holistic, co-counseling techniques (e.g. attentive listening, truthful storytelling, respectful dialogue, and the cultivation of "brave space" where we can be vulnerable with our stories and questions) to help build community and inspire activism. Our work together will embody the feminist beliefs that "the personal is political" and that furthering social justice necessitates us doing our own individual and collective healing work.

Given the focus on personal experience and spiritual and mental well-being, please note that the Healing Circle elicits strong emotional responses and takes us to our "learning edges" where we may feel deep discomfort, guilt, pain, sadness, anger, disappointment, and fear, as well as profound joy, love, connection, passion, and hope. As participants, be prepared to bear witness to, and possibly share your own, personal experiences related to racism, sexism, homophobia, transphobia, sexual assault, interpersonal and state violence, and other interrelated oppressions. Facilitators trained in self-help/co-counseling will be present to support participants and to share healing resources. By the end of the day, our hope is that participants will leave with their spirits polished like river stones emboldened to act on their knowledge and motivated to pursue healing and social justice with their educational, activist, professional, familial, and other communities.

Leaders:
Gabriela Valle, Mayra Lizette Yñiguez, and Laura Jiménez of California Latinas for Reproductive Justice
Dorothy Roberts, Trailblazing Reproductive Justice Scholar and Professor at the University of Pennsylvania
Luz Alvarez Martinez, Former Director of the National Latina Health Organization
Irene Lara, Sara Giordano, and additional SDSU faculty and students

Preview of Agenda: In the morning we will discuss RJ and SJ issues and introduce the healing circle format guidelines and co-counseling process. In the afternoon we will support an “inner healing circle” of volunteers processing their stories and hold a roundtable discussion on how students-scholars and community organizations can effectively collaborate for social justice. Lunchtime activities will include an opportunity to record your RJ and SJ story!

Where: San Diego State University's Aztec Student Union, Park Boulevard Room (on the 1st floor)
This year, over 13 million American kids will be bullied at school, online, on the bus, at home, through their cell phones and on the streets of their towns, making it the most common form of violence young people in this country experience. BULLY is the first feature documentary film to show how we've all been affected by bullying, whether we've been victims, perpetrators or stood silent witness. The world we inhabit as adults begins on the playground. BULLY opens on the first day of school. For the more than 13 million kids who'll be bullied this year in the United States, it's a day filled with more anxiety and foreboding than excitement. As the sun rises and school busses across the country overflow with backpacks, brass instruments and the rambunctious sounds of raging hormones, this is a ride into the unknown. For a lot of kids, the only thing that's certain is that this year, like every other, bullying will be a big part of whatever meets them at their school's front doors.
Cultural Festival
Friday, April 25, 2014 at 7:00pm

C.U.R.E. AFRICA presents...

CULTURAL FESTIVAL

Aztec Student Union Theatre
Friday, April 25th | 7pm to 10pm
## Schedule at a Glance

**Concurrent Session I**
Saturday - April 26, 2014 - 9:30 a.m. - 10:30 a.m.

<table>
<thead>
<tr>
<th>Workshop I</th>
<th>Can historical trauma and racial trauma be assessed in diverse cross-cultural patients using the DSM-5?</th>
<th>Ronn Johnson, Ph. D Stephanie Cunningham, M.A. Yasmin Saadatzadeh, M.A.</th>
<th>Pride Suite</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Workshop II:</strong> 9:30 a.m - 10:00 a.m</td>
<td>Tag-a-long with us to the Phillipines</td>
<td>Bethlehem Omer Allison Tester Jianna Hook Sarahfina Luuga</td>
<td>Legacy Suite</td>
</tr>
<tr>
<td><strong>Workshop III:</strong> 10:00 a.m - 10:30 a.m</td>
<td>Eliminating Stereotypes: Music and Culture of African Americans</td>
<td>Michael Liu Daniella Vargas</td>
<td>Legacy Suite</td>
</tr>
<tr>
<td><strong>Workshop IV:</strong> 9:30 a.m - 10:30 a.m</td>
<td>Frat M.A.N.E.R.S (Fraternity Men Against Negative Environments and Rape Situations)</td>
<td>Sean Guardian</td>
<td>Aztlán</td>
</tr>
<tr>
<td><strong>Workshop V:</strong> 9:30 a.m - 10:00 a.m</td>
<td>Intersectionality</td>
<td>Jasmine Woods Pablo Tinoco Denise Torres Kimberlee Allen</td>
<td>Metztli</td>
</tr>
<tr>
<td><strong>Workshop VI:</strong> 10:00 a.m - 10:30 a.m</td>
<td>“You’re Religious?”</td>
<td>Alyssa Sundelius Alexandra Gardella Parminder Singh Bedi Mayra Hernandez</td>
<td>Metztli</td>
</tr>
</tbody>
</table>
### Concurrent Session II

#### Saturday - April 26, 2014 - 10:45 a.m. - 11:45 a.m.

| Workshop I:            | Breaking the Bamboo Ceiling: Misconceptions of Asian Americans | Michelle Ong  
| Yuken Yabes  
| Andrea Palacio | Pride Suite |
|-----------------------|---------------------------------------------------------------|-------------------|
| **Workshop II:**      | Roots of African American Dance Part A                        | Africana Studies 485 | Legacy Suite |
| **Workshop III:**     | Roots of African American Dance Part B                        | Africana Studies 485 | Legacy Suite |
| **Workshop IV:**      | People with Disabilities Not Disabled People                  | Marianna Bedoya  
| Samantha Pfau  
| Dominika Celecova  
| Jeffrey Warren | Aztlan |
| **Workshop V:**       | Special is a Label                                             | Nelly Quintanilla  
| Juwan Armstrong  
| Carolina Restrepo  
| Mugilan Kopperuman | Aztlan |
| **Workshop VI:**      | What is Pink & Blue and Socially Constructed?                  | Meghan Eagan  
| Erik McCoy  
| Warda Haq  
| Jhim Ballesteros | Metztli |
| **Workshop VII:**     | Unrealistic Expectations                                        | Jacob Handler  
| Carly Martinez  
| Danielle Quinones  
| Melissa Nguyen | Metztli |
| **Session VIII:**     | Persistent Depressive Disorder in Women from College to Older Adults: DSM-5 Implications | Ronn Johnson, Ph. D  
| Yanki Jojo Lee, M.A.  
| Hue T. Huynh, M.A.  
| Eric Jacobs, M.A.  
| Yasmin Saadatzadeh, M.A. | Park Boulevard |
## Schedule at a Glance
### Concurrent Session III
**Saturday - April 26, 2014 - 1:30 p.m. - 2:30 p.m.**

| Workshop I: | Sexuality: What is Normal? | Setareh Nouriboshehri  
Alex Saleen  
Joseph McCartney | Pride Suite |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1:30 p.m - 2:00 p.m</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **Workshop II:** | Breaking Barriers | Hilary Peterson  
Vandissa Beard  
Daniel Galuppo  
Ernesto Legaspi  
Jennifer Ericson | Pride Suite |
| **2:00 p.m - 2:30 p.m** | | | |
| **Workshop III:** | Diagnosis and Treatment for Trauma and Stress Related Disorders in Bisexual Women: DSM-5 | Ronn Johnson, Ph. D  
Ruthie Inacay, M.A.  
Monica Gambilado | Legacy Suite |
| **1:30 p.m - 2:30 p.m** | | | |
| **Workshop IV:** | Speaking the Same Language: Overcoming Barriers to Intercultural Communication | Lilach Halperin  
John Alvarez  
Sean Guardian | Aztlán |
| **1:30 p.m - 2:00 p.m** | | | |
| **Workshop V:** | Breaking the Communication Barriers | Michael Gonzalez  
Cassandra Weber  
Max Hume | Aztlán |
| **2:00 p.m - 2:30 p.m** | | | |
Ugochi Apakama  
Brianna Ani | Metztli |
| **1:30 p.m - 2:00 p.m** | | | |
| **Workshop VII:** | Celebrating the Accomplishments of Diverse Women | Azieb Ermias  
Erika Perez | Metztli |
| **2:00 p.m - 2:30 p.m** | | | |
| **Workshop VIII:** | Training Clinical Mental Health Counselors to use the DSM-5 in Work with Women Exposed to Military Sexual Assault: A Cross-Cultural Forensic Psychological Paradigm | Ronn Johnson, Ph. D  
Eric Jacobs, M.A.  
Derrick Young, M.A.  
Stephanie Cunningham, M.A. | Park Boulevard |
| **1:30 p.m - 2:30 p.m** | | | |
# Schedule at a Glance

## Concurrent Session IV

**Saturday - April 26, 2014 - 2:45 p.m. - 3:45 p.m.**

| Workshop I: 2:45 p.m - 3:15 p.m | The Struggle is Real | Ana Luca  
Ari Grimes  
Kaya Wuertz  
Victoria Lose | Pride Suite |
|-------------------------------|---------------------|-------------------------------|
| **Workshop II: 3:15 p.m - 3:45 p.m** | How Do You Get Into SDSU? SES and Education | Amanda Pearman  
Charmanay Porter  
Hilario Moncado  
Cristal Ramirez | Pride Suite |
| **Workshop III: 2:45 p.m - 3:45 p.m** | Multiracial Students, Minority Status, and Higher Education | Nick Franco | Legacy Suite |
| **Workshop IV: 2:45 p.m - 3:15 p.m** | More Than Quinceaneras and Immigration: Unpacking Latino/a Hispanic Culture | Nassim Moallem  
Sergio Olvera  
Naomi Holokai  
Frank Giles  
Delia Cannon | Metztli |
| **Workshop V: 3:15 p.m - 3:45 p.m** | Do You Know Your Privilege? | Kevin Uhrik  
Tanya Villalpando  
Maritza Mediavilla  
Savannah Sawaged | Metztli |
| **Workshop VI: 2:45 p.m - 3:45 p.m** | Gender and Cross-Cultural Issues in Using the DSM-5 | Ronn Johnson, Ph. D  
J. Y. Cindy Kim, M.A.  
Stephanie Cunningham, M.A. | Park Boulevard |
Can Historical and Racial Trauma be assessed in diverse cross-cultural patients using the DSM-5:

Presenters: Ronn Johnson, Ph.D., ABPP (Associate Professor, USD), Stephanie Cunningham, M.A. (Clinical Mental Health, USD), Yasmin Saadatzadeh, M.A. (Clinical Mental Health, USD)
Location: Pride Suite

Various culture groups throughout many generations have experienced historical and racial trauma. Whereas historical trauma is defined as a multi-generational, emotional, and psychological injury that occurs from some form of significant abuse, racial trauma is defined as the physiological, psychological, and emotional harm that results from harassment and discrimination. This presentation will highlight the importance of key aspects of culture when assessing historical and racial trauma.

Tag-a-long with us to the Philippines

Presenters: Jiana Hook (Student, SDSU), Sarahfina Luuga (Student, SDSU), Bethlehem Omer (Student, SDSU), & Allison Tester (Student, SDSU)
Location: Legacy Suite

This presentation will enlighten the Average American about the culture of Filipino Americans. We will help shed light on the culture by talking about their religious beliefs, family structure, holidays, history of their movement and by bringing in someone who represents the identity.

Eliminating Stereotypes: Music and Culture of African Americans

Presenters: Michael Liu (Student, SDSU) & Daniella Vargas (Student, SDSU)
Location: Legacy Suite

The media is an important part in how people identify others cultures and ideas without direct contact, but does the media show the whole truth? See how media has skewed the ideas and belief of the African American culture, and learn ways which to stop the stereotypes.

Frat M.A.N.E.R.S. Fraternity Men Against Negative Environments and Rape Situations

Presenters: Sean Guardian (Student, SDSU)
Location: Aztlan

College is a time for experimenting and exploring ones sexuality. But failure to recognize the fine line between consent and assault can lead to tragic consequences. Through exploring and breaking down rape myths, sexual assault statistics, and "gender roles", this presentation FRATMANERS will leave you with valuable skills to serve as an active bystander in preventing sexual assault.

Intersectionality

Presenters: Kimberlee Allen (Student, SDSU), Pablo Tinoco (Student, SDSU), Denise Torres (Student, SDSU)
Location: Metztli

This intersectionality presentation will break down the different definitions of this topic. The presentation will touch on separate issues that involve the overall topic at hand. It will include the subtopics of religion, race, and gender. These characteristics can be highly affected by intersectionality which is why the presenters chose to dive further into these topics. The program will also include a discussion that will fully involve the audience as well.

“You’re Religious?”

Presenters: Alexandra Gardella (Student, SDSU), Mayra Hernandez (Student, SDSU), Parminder Singh Bedi (Student, SDSU), & Alyssa Sundelius (Student, SDSU)
Location: Metztli

This presentation will discuss where religion comes from, the belief versus non-belief, and then explore the two of the religious spectrum. These two areas of Christianity & Atheism will then tie into how ALL religions impact college campuses.
Concurrent Session II
Workshop Descriptions
Saturday - April 26, 2014 - 10:45 a.m. - 11:45 a.m.

Breaking the Bamboo Ceiling: Misconceptions of Asian Americans
Presenters: Michelle Ong (Student, SDSU), Andrea Preciado (Student, SDSU), & Kevin Yabes (Student, SDSU)
Location: Pride Suite

Research has shown a relationship between elevated stress or anxiety levels and stereotype threat in Asian American college students. Thus, students may struggle to keep up with positive stereotypes and may be affected by trying to avoid negative ones. Our presentation will cover the views of Asian Americans from the perspective of Asian Americans and from those who do not identify with the group.

Roots to African American Dance Part A & B
Presenters: Africana Studies 485 Class
Location: Legacy Suite

Part A of this presentation will highlight the influence of African civilization and the influence on African American dance as we know it today. Part B of this presentation will have the workshop participants learn traditional dance moves.

People with Disabilities… not Disabled People
Presenters: Samantha Pfau (Student, SDSU), Marianna Bedoya (Student, SDSU), Dominika Celecova (Student, SDSU), Jeffrey Warren (Student, SDSU)
Location: Aztlan

This presentation will focus on mental, intellectual, and physical disabilities and show how these elements are connected to how people with disabilities are treated in society and the difficulties they face.

Special is a Label
Presenters: Juwan Armstrong (Student, SDSU), Mugilan Kopperuman (Graduate Student, SDSU), Nelly Quintanilla (Student, SDSU), Carolina Restrepo (Student, SDSU)
Location: Aztlan

If we want all people to be treated with dignity and respect, we need to confront the obstacles blocking the way. We need to educate society about the different types of disabilities present and how society can help strive for equality. In this workshop, you will learn to recognize these stereotypes, understand their influence in today's world, and practice skills to confront them and maintain everyone's dignity.

What's Pink and Blue and Socially Constructed?: A Discussion on Gender Roles and Society
Presenters: Jhim Ballesteros (Student, SDSU), Meghan Eagen (Student, SDSU), Warda Haq (Student, SDSU), & Erik McCoy (Student, SDSU)
Location: Metztli

Whether we like it or not, gender roles are huge part of many cultures and societies. From the moment you are born these roles and expectations are placed upon you, resulting in a problematic dichotomy. This presentation examines the history of gender roles and its more problematic implementations.

Unrealistic Expectations
Presenters: Jacob Handler (Student, SDSU), Carly Martinez (Student, SDSU), Danielle Quinones (Student, SDSU)
Location: Metztli

This presentation will raise awareness on the superficial and unattainable expectations of women, as portrayed in the media and the affects it has on the role women are anticipated to play in society. The origin of this issue, the psychological affects it can have, and it's prevalence on San Diego State's campus will be discussed throughout this presentation.

Persistent Depressive Disorder in Women from College to Older Adults: DSM5 Implications
Presenters: Ronn Johnson, Ph.D., ABPP (Associate Professor, USD), Yanki JoJo Lee, M.A. (Clinical Mental Health, USD), Hue T. Huynh, M.A. (Clinical Mental Health, USD), Eric Jacobs, M.A. (Clinical Mental Health, USD), Yasmin Saadatzadeh, M.A. (Clinical Mental Health, USD)
Location: Park Boulevard

This presentation focuses on Persistent Depressive Disorder (PDD), as a serious mental health disorder among college-aged women and older adult women who are disproportionately afflicted with this debilitating chronic condition. Persistent depressive disorder has been increasing within college-aged women (ages 18-35). The American College Health Association (ACHA) has discovered that 13-20 of undergraduate females have been diagnosed with depression at some point in their lives; almost two times the number of males. Specific life stressors have been found to increase the likelihood of PDD, including separation from family, creating an independent life at school, and meeting the demands of a college student.
**Concurrent Session III**

**Workshop Descriptions**

**Saturday - April 26, 2014 - 1:30 p.m. - 2:30 p.m.**

---

**Sexuality: What is Normal?**  
*Presenters: Setareh Nouriboshehri (Student, SDSU), Alex Saleen (Student, SDSU), Joseph McCartney (Student, SDSU)*  
*Location: Pride Suite*

The presentation contemplates the origin of sexual identity in the United States. Looking at developments in the early LGBT Movement, we can trace conventional American thoughts on sexuality and how those values and norms negatively affected people of the LGBT community negatively. This oppression affected those individuals politically, socially, and economically. This presentation will look at how these issues persist in society and demonstrate how sexual identity affects everyone.

---

**Breaking Barriers**  
*Presenters: Vandissa Beard (Student, SDSU), Jennifer Ericson (Student, SDSU), Daniel Galuppo (Student, SDSU), Ernesto Legaspi (Student, SDSU), & Hilary Petersen (Student, SDSU)*  
*Location: Pride Suite*

Being honest with one’s peers is a difficult task, and for people of differing sexual orientations, they find that they must ‘come out’ in multiple social situations for example, work, school, and within a religious community. This presentation will present the strides that are being taken to promote and create equality within these social situations and to ensure that the LGBT community is protected against discrimination and is given equal opportunities in the workplace and in life.

---

**Diagnosis and Treatment for Trauma and Stress Related Disorders in Bisexual Women: DSM-5**  
*Presenters: Ronn Johnson, Ph.D, ABPP (Associate Professor, USD), Ruthie Inacay, M.A. (Clinical Mental Health, USD), Monica Gambilado (Mental Clinical Health, USD)*  
*Location: Legacy Suite*

Bisexual women present interesting issues and challenges to the mental health community. The following topics are covered in this session: 1. Treatment Issues: Cross Cultural Perspectives 2. Intervention Considerations for Bisexual Clients in Mental Health 3. Trauma and Stress Related Disorders of Bisexual Women: DSM-5 Implications 4. The Down Low: Bisexuality Effects on the Women of the African American Community.

---

**Speaking the Same Language: Overcoming Barriers to Intercultural Communication**  
*Presenters: Sean Guardian (Student, SDSU), Janie Loudon (Student, SDSU), John Alvarez (Student, SDSU)*  
*Location: Aztlan*

This presentation will demonstrate the communication barriers between individuals based on cultural differences, identifying how these barriers can lead to frustration, and then transitions into methods to overcome that frustrations and to bridge the gap between individuals to ensure effective communication.

---

**Breaking the Communication Barriers**  
*Presenters: Brittany McKnight (Student, SDSU), Cassandra Weber (Student, SDSU), Max Hume (Student, SDSU)*  
*Location: Aztlan*

This presentation will focus on intercultural communication, which plays an important role in cultural competency. Become aware of cultural differences affecting communication across cultures, receive an overview of intercultural communication and a theoretical framework for understanding intercultural communication, and learn about the verbal and nonverbal behaviors involved in intercultural communication.

---

**What Would You Do? How Would You Respond to Social Justice?**  
*Presenters: Julia Munguia (Student, SDSU), Ugochi Apakama (Student, SDSU), Brianna Ani (Student, SDSU)*  
*Location: Metztli*

This presentation will provide definitions and discussion about social justice versus social injustice and what the public needs to do to become more knowledgeable and prevent the perpetuation of the negative cycle.
**Celebrating the Accomplishments of Diverse Women**

*Presenters: Azieb Ermias (SDSU Women’s Resource Area), Erika Perez (SDSU Women’s Resource Area)*  
*Location: Metztli*

The purpose of this workshop is to acknowledge the contributions of diverse women to our histories and cultures. We focus specifically on women of diverse backgrounds because they are often not seen as the face of women’s progression in mainstream society, nor given credit for high involvement in revolutionary movements. This presentation serves as a way to bring an alternative perspective to movements by shifting the spotlight from the normative view.

**Training Clinical Mental Health Counselors to use the DSM-5 in Work with Women Exposed to Military Sexual Assault: A Cross-Cultural Forensic Psychological Paradigm**

*Presenters: Ronn Johnson, Ph.D, ABPP (Associate Professor, USD), Eric Jacobs, M.A. (Clinical Mental Health, USD), Derrick Young, M.A. (Clinical Mental Health, USD), Stephanie Cunningham, M.A. (Clinical Mental Health, USD)*  
*Location: Park Boulevard*

Military Sexual Trauma (MST) is an issue that affects female and male military personnel every year, however women are the primary targets of MST. This presentation explores DSM-5 disorders that occur most frequently with Military Sexual Trauma. It also reviews the relevant changes between DSM-IV-TR and DSM-5 in regards to related disorders to MST. Finally, the session examines how the Military culture influences MST survivors.
Concurrent Session IV
Workshop Descriptions
Saturday - April 26, 2014 - 2:45 p.m. - 3:45 p.m.

The Struggle is Real
Presenters: Ari Grimes (Student, SDSU), Victoria Lose (Student, SDSU), Ana Luca (Student, SDSU), & Kaya Wuertz (Student, SDSU)
Location: Pride Suite

This presentation will discuss classism as it applies to college students. Topics that will be discussed include, the top 1%, middle class students, the relation of college to lower class students, and poverty within the United States and around the globe.

Do You Know Your Privileges?
Presenters: Maritza Mediavilla (Student, SDSU), Savannah Sawaged (Student, SDSU), Kevin Uhrik (Student, SDSU), & Tanya Villalpando (Student, SDSU)
Location: Metztli

This presentation will define and talk about white privilege and have personal testimonies from SDSU from both spectrums of white privilege. This presentation will also look at statistics about white privilege in both the workplace and student life at SDSU.

Gender and Cross-Cultural Issues in Using the DSM-5
Presenters: Ronn Johnson, Ph.D, ABPP (Associate Professor, USD), J.Y. Cindy Kim, M.A. (Clinical Mental Health, USD), Stephanie Cunningham, M.A. (Clinical Mental Health, USD)
Location: Park Boulevard

Gender and cross-cultural considerations have been a long-standing topic of concern in the development of the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5). Revisions have been done to improve gender-related issues however, concern in the revised nosology may show gender bias in symptom manifestation. Specifically, we will explore mood disorders and the prevalence among women. The DSM-5 has adjusted the gender disorder diagnosis.

How Do You Get Into SDSU? SES and Education
Presenters: Amanda Pearman (Student, SDSU), Charmanay Porter (Student, SDSU), Hilario Moncado (Student, SDSU), Cristal Ramirez (Student, SDSU)
Location: Pride Suite

This presentation will discuss how education is seen as the key for upward mobility to students of lower Socioeconomic Status (SES).

Multiracial Students, Minority Status, and Higher Education
Presenter: Nick Franco (Ph.D. Student, USD)
Location: Legacy Suite

Higher education institutions have limited understanding of the ever-increasing multiracial student population. This session focuses on a qualitative study that explored half-White students and minority status. Findings prompted questions regarding definitions of minority resources as well as how to best provide student support given flexible identity choices of participants.

More than Quinceañeras and Immigration: Unpacking Latino/Hispanic Culture
Presenters: Delia Cannon (Student, SDSU), Frank Giles (Student, SDSU), Naomi Holokai (Student, SDSU), Nassim Moallem (Student, SDSU), & Sergio Olvera (Student, SDSU)
Location: Metztli

The presentation will informatively discuss the terms of Latino/Hispanic Culture both in its diversity and history as well as customs and traditions. It will then provide a context for other communities within the culture as well as the implications of the culture in current society and politics.
Program Overview

SDSU is one of the most diverse and inclusive universities in the nation. The commitment to diversity is even more apparent with the creation of the first Cultural Competency Certificate Program in the California State University system. Offered through the Division of Student Affairs, the Cultural Competency Certificate Program consists of cultural diversity workshops, seminars, and service learning opportunities available to all members of the SDSU community.

The Cultural Competency Certificate Program links the diversity of the university’s student population, creating an experiential shift in values, attitudes and behaviors that will result in a fully engaged workforce. Upon completion of this program, you will be able to leverage your cultural competencies in order to better access new and emerging markets.

Congratulations to our 2013-2014 Cultural Competency Certificate Program Graduates!

Graduation Ceremony Details

May 6, 2014
4:00pm-6:00pm
Templo Mayor @ Aztec Student Union

For more information, please contact the Center for Intercultural Relations at:
Phone: (619) 594-7057
or visit us at
www.sa.sdsu.edu/intercultural
Aztec Student Union Map
Multicultural Diversity Conference
April 25, 2014 - April 26, 2014