Peer Health Education Program

The Peer Health Education (PHE) Program teaches student volunteers to educate their peers about important health issues, challenges students to examine their values, and introduces skills with which students can feel more empowered to stay healthy.

Application Process:

1. Complete the application
2. Return the completed application to the Health Promotion Department (located on the 3rd floor of Calpulli Center, Suite 3201).
3. Attend a brief interview prior to the beginning of the fall or spring semester.
   • Note: A limited number of applicants will be accepted. Once each section is full, no more applications/interviews will be accepted.

Requirements for Participation in PHE Training:

1. Make a 1-year commitment to the program. You will earn 3 units of 499 credit for the training and 1 unit each semester thereafter.
2. Must be an upper division SDSU student (working toward at least your 60th unit the semester you enroll).
3. Must be open-minded, understanding, and respectful of others at all times.
   • Note: All majors are encouraged to apply.

Why should I be a PHE?

~Earn 3 upper division credits (PH, Psych)
~Work with a great team of peers and Health Promotion staff
~Become a better public speaker
~Be a leader on campus
~Gain in depth knowledge about various health issues
~Gain real experience in health behavior change and health promotion techniques
~Incorporate this volunteer experience into your resumé or grad school applications
~Expand networking opportunities
~Meet new students, faculty, and staff
For Office Use Only
Interview Date & Time: _______________________  Scheduled by: _________________________

PEER HEALTH EDUCATION PROGRAM
APPLICATION FOR PARTICIPATION

Name: ______________________________________________________

Phone #: _____________________________________________________

Email: ____________________________________________________________________________

Red ID: ____________________________________________________________________________

Major: ____________________________________________________________________________

Expected Graduation Date: _____/_____/_____

GPA: __________

Please complete with a check mark:

___ I will make a 1-year (2 semester) consecutive commitment to the program

___ I am an undergraduate student         ___ I am a graduate student

___ How many units will you have at the end of this current semester? (45? 60? etc.)

How did you hear about this program?
__________________________________________________________________________________

Which class times would you be available for this upcoming semester?
Check all that apply.

___ Tuesdays: 10 am – 12:40 pm          ___Tuesdays: 12 noon - 2:40 pm

___ Wednesdays: 10 am – 12:40 pm        ___ Wednesdays: 12 noon - 2:40 pm

Priority will be given to applicants who submit completed forms before Finals Week. After
that week, please call Health Promotion at (619) 594-4133 to inquire about PHE openings.

9/2014
Please mark the topics that you are most interested in learning more about as a PHE:

*Mark all that apply*

- [ ] Alcohol: Responsible Choices
- [ ] Birth Control
- [ ] Healthy Eating
- [ ] Drugs: Prescribed & Illicit
- [ ] Wellness
- [ ] Bystanders: Strategies for Helping Others
- [ ] STDs
- [ ] Health Behavior Change Strategies

1) Why would you like to be part of this program?

2) In your opinion, what issue(s) do you see as having the largest impact on college health and why?

*Please turn over for additional questions***
3) What three qualities do you possess that will make you a good educator of your peers?

4) What are you currently involved in, on or off campus?