

DOING YOU... AND DOING IT AND DOING IT AND DOING IT WELL

Location: Women's
Resource Center



Date: April 14, 3-4:30 PM

Ever been curious about your body, sexuality, and desires but found that shame and societal pressure gets in the way? Mia Li's Doing You workshop is the beginner's guide to unpacking shame to pursue self exploration. Today there are so many external distractions that prevent us from investing time in our intimate relationships with ourselves. There is so much pleasure, kink, and nuance to experience, but the journey begins with you.

For accessibility requests please contact the Women's Resource Center at WRC@mail.sdu.edu

